

Nanaimo Mountain Bike Club - Ride Schedule – SEPTEMBER 2010

Insurance is required and everyone will need to sign up with the club after one ride. Information regarding dues and insurance is posted on the website. Fees will be \$50 with \$18 going to our club and \$32 going to Cycling B.C. for personal and directors' insurance. Information about insurance coverage is available on the Cycling B.C website. ANY FURTHER QUESTIONS REGARDING MEMBERSHIP PLEASE CONTACT LEE VENABLES lvenables@shaw.ca

Lights are now required for evening rides

Date	Day	Ride	Time	Meet At
Sept. 2	Thursday	Doumont	6:30	Moto X
3	Friday	Doumont	9:15	Middle Gate
5	Sunday	“Mt. Zoo” <i>Ride #1</i>	11:00	Tim Horton’s at Southgate Mall
5	Sunday	Doumont <i>Ride #2</i>	1:00	Moto X
7	Tuesday	Mckay Lake	6:30	End of Spruston Rd.
9	Thursday	Abyss	6:30	Dog Pound
10	Friday	South Wellington	9:15	Minetown Rd.
11	Saturday	Annual General Meeting (McGarrigles’)	2:00 4:00	Ride AGM
12	Sunday	Roller Coaster	1:00	Bottom of 3 Creeks
14	Tuesday	AMC Trails	6:30	Parksville – Industrial Way
16	Thursday	Doumont	6:30	Dawg Trail
17	Friday	Abyss	9:15	Dog Pound
19	Sunday	K2 or Old Stumpy	1:00	End of Arbot Rd.
21	Tuesday	Ammonite Falls	6:30	Jameson Rd. - End of Road
23	Thursday	Roller Coaster	6:30	Bottom of 3 Creeks
24	Friday	Roller Coaster	9:15	Bottom of 3 Creeks
26	Sunday	Hammerfest	12:30	Chapters (1:00 Englishman River)
28	Tuesday	Cinnabar Trails	6:30	Power Lines on Extension Rd. (cross street is Cinnabar Drive)
30	Thursday	Doumont	6:30	Moto X
Oct. 1	Friday	Doumont	9:15	Moto X
Oct. 3	Sunday	“O-fid-Know”	1:00	Doumont – end of pavement

For more information regarding “Meet at” location call:

John / Kathy... 250-756-3959

Phil... 250-758-4598

Annette... 250-390-2394

A trip to Gooseberry Mesa is being planned for October, the week of Thanksgiving.
Email the club if you have not already indicated your interest: nmbclub@hotmail.com



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